

Fairburn.

Fairburn, in Little Stoke, Bristol, is a seven-bed house offering respite care which provides stimulating and supportive breaks for people with learning disabilities. This enables carers to have a break from their role.

The service provides support away from home, maintaining the continuity of service users' everyday lives and allowing them to continue with their daily routines.

Fairburn has an experienced staff team, including nursing staff, to ensure that guests with complex behavioural, physical and health needs can be catered for.

Facilities

Fairburn has a range of facilities to ensure guests enjoy spending time here. These include:

- A garden with patio area
- Spacious downstairs lounge with large TV and games
- Large sunny conservatory with touch screen computer
- Dining room
- Large downstairs shower room with tracking
- Upstairs walk-in shower room.

The seven bedrooms are individually decorated and include LCD televisions and access to a radio if wanted. Each of the rooms is named after a precious stone such as topaz and emerald.

Activities

Service users are regularly involved in activities in the home including:

- Arts, crafts and puzzles
- Cooking
- Sing-alongs and live music
- Indoor sensory swing
- Music therapist
- Netflix
- Laptops and wifi are available.

Service at a glance

Type of service: Respite Number of beds: 7 Location: Little Stoke, Bristol

Get in touch

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People were supported by suitable numbers of staff, with the right skills and knowledge...People were valued and supported to be as independent as possible. People's rights were upheld, consent was always sought before any support was given.

CQC Inspection, December 2018

The home caters for individual preferences and will endeavour to provide activities to suit individual guests.

Regular trips and activities outside of the home are also organised. A minibus allows staff to plan ad-hoc trips and past activities have included:

- Boat trips
- Eating out at restaurants/pubs
- Picnics and trips to the park
- Walking
- Visits to the zoo
- Trust social club
- Theatre trips
- Cinema
- Garden centres

We have open house events several times a year, inviting parents/ carers and service users to social activities, e.g. Christmas and summer parties. We also have started inviting parents/carers and service users to more structured educational events at Fairburn, e.g. talks on advocacy and preparing for the future, and talks from our Clinical Nurse Lead, Reuben, on health care topics.

Person-centred

The people who use the service are central to the running of Fairburn. Guests choose what they would like to eat and their activities, and are very much involved in running the service.

