# **Learning Disabilities**



# Mayo House.

Mayo House is a registered care home for people with learning disabilities, located in a quiet lane about two miles from Yate.

Mayo House is particularly suitable for younger adults who have complex emotional needs and become distressed easily, including those with autistic spectrum disorders.

One of the aims of the service is to help people learn to manage their distress more successfully, become more independent and move onto less intensive services.

Person-centred values are at the core of our service philosophy, with the service user as the expert in their own needs and at the centre of all planning.

### About the home

Mayo House aims to provide a safe and emotionally secure environment in which the needs of the clients are met. This includes attachments, routines and difficulties with respect to communication and choice making. We provide a highly individualised service which supports people in lifelong learning and development.

The creation of individual routines and lifestyles is given priority with respect to, for example, times for getting up, meal planning, and choices of activities.

Accommodation consists of seven flats with ensuite bathrooms and cooking facilities.

There are a variety of communal rooms available for individual or group activities including a quiet room, study and a sensory room. There is also a large garden.

Service users are encouraged, in a non-pressurised way, to participate in the day-to-day running of the home, being involved in cooking, cleaning and shopping. We also assist people in pursuing individual hobbies, as well as educational and employment opportunities.

#### Service at a glance

Type of service: Residential Number of beds: 7 Location: Yate, South Glos

#### Get in touch

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There was a strong person centred culture at the service and people were empowered to achieve their goals. The service was very well led, by managers who valued the staff team and people being supported.

CQC Inspection, February 2019

## Our staff team

A support team led by a registered home manager, who has achieved the Registered Managers Award, is a registered nurse for learning disabilities and an NVQ assessor. The home manager has studied positive behavioural support under Gary LaVigna, an internationally recognised leader in the field.

Our manager is supported by:

- A deputy manager
- Five experienced team leaders who has each achieved vocational qualifications working in this field
- A team of community support workers.

All staff are trained with respect to person-centred principles, such as active listening and autism awareness and have access to advice from the Trust's Positive Behavioural Support Manager.





