

# Stibbs House.

Stibbs House offers respite care which provide stimulating and supportive breaks for people with learning disabilities. This enables carers to have a break from their role.

The service provides support away from home, maintaining the continuity of service users' everyday lives and allowing them to continue with their daily routines.

This house is able to provide respite care for up to 10 people at a time. A team of 20 staff, including experienced nursing staff ensure people with complex health needs are catered for.

Emergency/unplanned breaks are also provided in crisis situations. The home has two beds allocated for this purpose.

## Facilities

Stibbs House has a range of specialist facilities including:

- Lift
- Profiling beds
- Two adjustable baths, one of which doubles as a Jacuzzi
- Wet room
- Hoists

The house also boasts a sensory room, a stimulating environment containing lights, tactile objects and soothing music. The room provides an opportunity for people to go to a quiet, calming space. A sensory garden in the grounds of the house also provides guest with a range of plants and objects for sensory stimulation.

## Activities

Staff at Stibbs House regularly organise trips out and activities for guests, according to preferences and have their own wheelchair accessible minibus to ensure trips are open to everyone.

## Service at a glance

Type of service: Respite

Number of beds: 10

Location: St George, Bristol

## Get in touch

[referrals@milestonetrust.org.uk](mailto:referrals@milestonetrust.org.uk)

0117 970 9362

Regulated by



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People were supported for by a consistent staff team who were kind and caring. Staff had good relationships with people and knew them well. People were encouraged and supported to maintain their independence.

CQC Inspection, May 2019

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Past activities have included:

- Trips to the cinema
- Visits to the zoo and aquarium
- Concerts, including Status Quo
- Visits to Weston-super-Mare for a walk on the beach and fish and chips.

Staff also encourage guests to take part in activities inside the home including cooking and arts and crafts.

## Person-centred

A person-centred approach is key at Stibbs House. Guests are involved in running the service, including how the home looks, what they choose to eat, the activities they take part in and even in the recruitment of new staff. Female only breaks are also offered to cater for cultural needs or preferences.

Ultimately the staff at Stibbs House aim to provide an enjoyable stay for those taking a short break, ensuring people want to come back again to enjoy the experience.

