

# Tramways.





## THE DIFFERENCE TRAMWAYS MAKES

Tramways provides a home and recovery service to adults with complex and enduring mental health needs who require a high level of specialist support. Our staff help people to develop coping strategies for managing their mental health and to build their confidence and sense of self. Tramways is a suitable home for people who want to live somewhere sociable and lively.

### THREE GREAT THINGS ABOUT TRAMWAYS

A flexible approach - For some, Tramways is a stepping stone between hospital and moving on to more independent living, for others it is a permanent home. Wheelchair accessible - There are no stairs within the home or at the entrance and exits to the home. There are large bathrooms with accessible, walk-in baths.

A great location - Located in Brislington, the home is close to bus stops, as well as shops, pubs and cafés. It is a 15 minute walk from Temple Meads train station.

## **AT A GLANCE**

**Service type** - Residential **Location** - Brislington, Bristol **Number of beds** - 14 **Number of floors** - 1

#### **GET IN TOUCH**

For enquiries about Tramways, please email

referrals@milestonestrust.org.uk or call 0117 970 9362.

#### **OUR VALUES**

**We start with the person.** Our staff find out what matters to each individual and put that at the centre of their support.

**We bring people close.** Our staff know the importance of listening and empathising.

We take our creativity to work with us. We support people to engage with their community, helping them to access groups and facilities.

**We are courageous in our approach.** We help people identify when their mental health is suffering so they are able to build resilience.