

# Wyvern Lodge.

Wyvern Lodge, situated in Weston-super-Mare, is one of Milestones Trust's Recovery Pathway homes.

The Recovery Pathway Service provides adults experiencing mental health difficulties with the opportunity to follow a personal development and recovery pathway, based on identified goals and outcomes.

## Facilities

Wyvern Lodge is home to eight people. At present, many of the service users are young people and as a result the house is a busy, active and vibrant environment.

The home includes:

- Eight bedrooms
- Lounge
- Dining room
- Quiet lounge
- Kitchen
- Shared bathrooms
- Conservatory
- Large garden

"I think this place is good. I like it here. I get on with the staff, it is a good place to live." John, resident.

## Making progress

Before a person moves into Wyvern Lodge, the home offers a test drive service, allowing the person to spend time in the home and get to know staff and other residents.

During their time at the home, people are encouraged to participate and engage in the programme whilst receiving support from staff.

## Service at a glance

Type of service: Residential

Number of beds: 8

Location: Weston-super-Mare, North Somerset

## Get in touch

referrals@milestonestrust.org.uk

0117 970 9362

Inspected and rated

Good



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Staff were caring towards people and there was a good relationship between people and staff. Staff demonstrated an understanding of the needs and preferences of the people they cared for.

CQC Inspection, June 2017

People are encouraged to discover their strengths and become more active in how they can control their own lives. With support from the specialist team at Wyvern, people develop skills including life skills, personal learning and thinking skills and opportunities to develop in educational and vocational areas.

Once a person feels ready to move on, staff can assist them to access the information they need to find accommodation that is more permanent. Move on support is then offered to make the transition more successful.

## Encouraging independence

Those living at Wyvern Lodge are encouraged to assume responsibility for day-to-day living as they progress, for example managing their own money and cooking and shopping for themselves.

They also offer people diverse opportunities that enable community connections to promote social interaction. For example, permitted work schemes, college, voluntary work and residents can also tend to a local allotment with other providers.

## Activities

The home is ideally situated in Weston-super-Mare close to the seafront and the shops, night clubs and restaurants in the town centre.

Each person is encouraged to rediscover their hobbies and interests and to find their strengths, whether it be music, art, gardening or anything else and use this as a basis to build on.

Many of the service users enjoy art and are heavily involved in the Trust's Expressions arts program. Others enjoy yoga, dance, swimming and the gym, all of which they can access in the local community.

