

Felix House.





THE DIFFERENCE FELIX HOUSE MAKES

Felix House provides a home and specialist support to adults who have ongoing mental health needs. The people who live here may have had long stays in hospital or mental health services and are experiencing difficulty in managing independently. Our staff help people with recovery and personal development, building their support around each individual.

THREE GREAT THINGS ABOUT FELIX HOUSE

Support around the clock - Our staff are present at Felix House 24 hours a day, seven days a week, and use a range of tools to promote mental health recovery. **Outcomes-focussed** - We focus on outcomes, enabling people to see how they are developing. This increases their confidence as they work towards greater independence. **A great location** - The house is within walking distance of the seafront and near to local amenities. There is also good access to public transport..

AT A GLANCE

Service type - Residential **Location** - Weston-super-Mare **Number of beds** - 11 **Number of floors** - 2

GET IN TOUCH

For enquiries about Felix House, please email

referrals@milestonestrust.org.uk or call 0117 970 9362.

OUR VALUES

We start with the person. We put each person at the centre of their own support package, enabling them to focus on their individual strengths and interests.

We bring people close. We support people to build resilience and re-establish their identity.

We take our creativity to work with us. We offer bite-sized workshops on subjects like IT skills, relaxation techniques and healthy eating.

We are courageous in our approach. Staff help people build on their strengths, helping them to rediscover abilities and achieve goals.