Warmley Wheelers: RIDING ZONES (\*means bike restrictions apply)

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| **ZONES** | **DESCRIPTION** | **SUITABILITY** |
| **Forest Trail**  **\*** | **Lower Trail:** a short flat loop. It is ashared trail so you may encounter walkers and dogs, which may be off the lead. Carers need to accompany people they are supporting as one does not have a clear line of sight of the whole course. Trail is signed. This trail is ONE WAY. | Beginners, people who are not confident. Ideal area to gain confidence. Bikes will usually have a parent control handle. Offers Introduction to slow independent cycling under close supervision. |
| **Forest Trail**  **\*** | **Upper Trail**: this trail is a 500m mixed surface loop. There is a short descending section. It is a shared trail so you may encounter walkers and dogs, which may be off the lead. Carers should normally accompany people they are supporting. If independent riding is appropriate, then carers should stand at the top of the section where you leave the tarmac to rejoin the Forest Trail. Trail is signed. This Trail is ONE WAY. | Offers more scope for progression. Has areas ideal for developing riding skills ie unused road section for developing learn-to-ride skills (balance bikes available); tarmacked area for developing bike control activities with cones ie riding between cones; parking in a coned bay; stopping with front wheel in line with cone, with rear wheel/s in line with cone. |
| **ZONE 1** | **Bristol to Bath Railway Path (B2B)**: Flat section from Warmley Wheelers (WW) to first cattle grid going towards Bristol. From WW to second traffic light-controlled crossing going towards Bitton. Good line of sight, but can be busy around café section. Care needed when joining B2B from site. Where the zone ends is clearly signed. Get off bikes to turn. No turning on the cattle grid. | The B2B is a designated shared path. This ZONE is the safest area to ride on the cycle path. Excellent line of sight. However, carers should still closely supervise people they are supporting as they will encounter other users on the path, perhaps for the very first time. |
| **ZONE 2**  **\*** | **B2B:** Section beyond second traffic light-controlled junction, travelling towards Bitton.  The open border to the left of the path is replaced by a wire fence when one comes alongside the railway lines. This presents a risk of snagging handlebars. The path also narrows at this point. Dismount and walk through gate-controlled crossing over the railway line before Bitton Station. | The B2B narrows in this ZONE, people should have good control of bikes and not be phased by other “traffic“ on the B2B. Carers should be confident what people they are supporting will do and that they will respond appropriately to verbal commands re position and speed due to path narrowing. |
| **ZONE 3**  **\*** | **B2B:** Section travelling towards Bristol beyond first cattle grid. Beyond this is the only “hill” on the B2B. It also has an “S” bend, which means two blind corners which vegetation can emphasise. Bike positioning is important on the way up as descending riders tend to drift to middle of path, so keep left. When descending, bike speed needs to be managed early. Go slow and keep to the left. | People should have good control of bikes and not be phased by other traffic on the path. Carers should be confident what people they are supporting will do and that they will respond to verbal commands ie “slow down”. The Hill requires an appropriate level of physical fitness. |